

The Official Publication of the **National EMS Management Association** www.nemsma.org

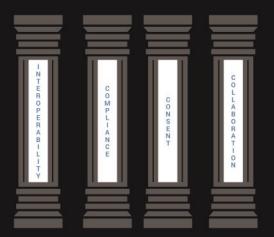


FEATURED CONTENT

EMS-FTEP: WHAT'S DIFFERENT, AND WHY YOUR AGENCY SHOULD CONSIDER IT

SOLVING INTEROPERABILITY & HIGH-UTILIZER ISSUES IN THE COMMUNITY

Julota is a patented, award-winning community interoperability platform, built on the four pillars of interoperability, compliance, consent, and collaboration. The cloud-based SaaS platform manages the consent and multidirectional sharing of PHI (personal health information) and PII (personally identifiable information) between software systems for healthcare, EMS, law enforcement, behavioral health, social services, and all other local nonprofit and for-profit organizations.



Currently, the care continuum is divided into silos of communication in most communities. These silos operate on unique software built specifically for their users' needs and many users do not want to replace them with yet another completely new system. In addition, each of these sectors has its own compliances that must be adhered to along with databases of information that need



But imagine if behavioral health could work with their patients through other agencies that deal with them on a day-to-day basis in crisis situations, where they are able to observe their triggers firsthand.



And what if EMS could connect low-acuity patients to appropriate care (rather than just transporting to the ED) in order to prevent them from deteriorating into an acute or chronic condition?



And what if law enforcement could connect individuals to case managers who could prevent unnecessary incarceration and address the underlying issues? This is already happening through co-responder programs around the country.



And finally, imagine if payers start reimbursing the entire care community like they are doing now in pilot projects and will in the future at the federal level through programs like ET3?





This kind of networking is lowering costs and improving healthcare right now in 150 different communities using Julota. But now take a step back and consider what would happen if you enlarge that local network beyond EMS, behavioral health, social services, law enforcement, and healthcare.



Imagine connecting food banks into that same network to address food insecurities...



And getting Catholic Charities and other faith-based organizations to address loneliness in the elderly and home improvement needs...



And connecting fire departments to do fall risk assessments to prevent broken hips...



And enlisting medical and nonmedical rideshare services to get people to appointments...

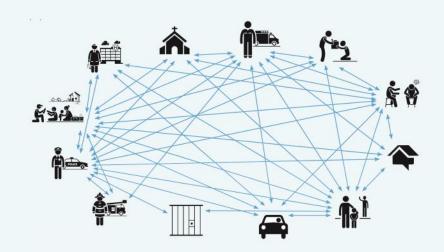


And connecting Home Advisor or Angie's List to provide free home repair estimates...



And in times of Silver Alerts and disasters, sending out simultaneous messages to at-risk individuals and their family and non-family caregivers to make sure they are safe and have their medical dependencies addressed, decreasing the need for door-to-door searches.

Once all that happens, then you really have a safety net that keeps people from falling through the cracks and supports community-based solutions, which is the most efficient and cost-effective way to address population health.





EMSDIRECTOR

Professional Development for EMS

ABOUT OUR CONTRIBUTORS:

Additional content and articles are provided by various contributors from across the EMS and emergency services industry. Content is also obtained (with authorization) from online post responses via feeds generated by the Editor-in-Chief on LinkedIn. As this consulting service & publication grows, future opportunities to join the publication team may become available. Article submissions by any interested contributors are always welcome!

EDITOR-IN-CHIEF: TIM NOWAK

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6

Of Biometrics

& Imagination

8 FATIGUE IN EMS

9 Words Of Advice

10 BLUEpaper

A BIG Impact ... in a MICRO Way

12

Leadership Recipe -Finding Great People

15 DEVELOPING A QUALITY CONCEPT

16 EMS COMPANY OFFICER

An Advocate for Development

18 HOW SOCIAL MEDIA POLICIES CHOKE EMS

20 FEATURED ARTICLE

the

ADVOCACY of US

22 LDRSHIP, ARMY STYLE

23 EMS Director Forum

24

Does Your

EMS Agency

Have A

"Weight Problem?"

inside this QUARTER

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about

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26-27 to the point.
WHAT DOES PREPAREDNESS
MEAN?
HOW EMS PROVIDERS CAN
IMPROVE THEIR ROLE IN THE
REALM OF EM
FINANCIAL FORECASTING:
3 CONSIDERATIONS
THE PROBLEMS WITH PHYSICAL

29 DATA INTEROPERABILITY (AND ITS ET3 RELATIONSHIP)

30 added FOCUS

RESTRAINT IN EMS

A Case Study for EMS Advocacy

32 THE EMS INTERVIEW

34 BEFORE IT'S TOO LATE!

35 LEGO LOGISTICS

36 mentor corner

An Un-mentor Relationship

46 EMS3i

48 VIOLENCE IN HEALTHCARE

58 EDITOR'S NOTES

Exciting Updates, Progress



50

THE BENEFITS OF IMPLEMENTING A COLLEGE DEGREE REQUIREMENT FOR EMS

51

WHY THE DEGREE DEBATE SHOULDN'T BE A DEBATE ANYMORE

52

PARAMEDICS NEED DEGREES, AND PUBLIC SAFETY NEEDS A VOCATIONAL ENTRY POINT FOR ALS PROVIDERS

54

DO PARAMEDICS NEED DEGREES? YES, BUT WHAT KIND?

55

A DEGREE OF CONCERN

56

DEGREES FOR NEW PARAMEDICS SHOULDN'T BE THE NEW STANDARD

INSIDE FROM NEMSMA

40 PRESIDENT'S MESSAGE

NEW (PAPER) PARTNERSHIP

41 MEMBER CONTENT PINNACLE 2019 REVIEW

42 EDITOR'S NOTES

PARTNERING TO ADVOCATE

43 MEMBER CONTENT

CREDENTIALS ENHANCING
YOURSELF - OUR INDUSTRY

44 FEATURED ARTICLE

EMS-FTEP:

WHAT'S DIFFERENT,
AND WHY YOUR AGENCY
SHOULD CONSIDER IT

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Of Biometrics & Imagination

A Fresh Take on Patient ID

JONATHON S. FEIT

MBA, MA

Anyone who follows my social media feeds knows that these days I live – for all intents and purposes – at the Delta Sky Club (the airline's airport lounge). It's what happens when you achieve Platinum status (75,000 miles yearly) by April.

Want to guess how I get into the club? **Fingerprint.**

This year I had an exciting mission: to visit each of our partner-clients across 26 states. My trajectory is looking good, and sprinkled into those inspiring meetings are presentations on prehospital technology to Fire & EMS agencies from the Northwest to the Southeast of our fine nation.

Our industry is in the midst of what we MBAs call a "rotation" ... where the old phases out, the new phases in, and we all get to wonder what comes next. And yet, there persists a silly mentality out in the world that "an ePCR is an ePCR."

vendor must own an entire ecosystem (Hello, Delaware! Hello, Maryland!) because companies "don't play nicely" ... so the only way to ensure reliable data is to homogenize the information input. One record techn recen pre-a receiprofe woulk it alto

questions about faxes and lookups is that not every agency has experienced (*dare I say* "enjoyed") even a modern set of technical basics.

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As a technologist, I spend about half my time in EMS and fire data; the rest on the nospital side of the handoff. It took me a while to remember that the reason for

became SOP, the question of a "universal patient ID" would be moot, and we would no onger have to worry about using scanners at emergency departments or transporting



MRNs (medical record numbers). The only "edge" case we would have to build exceptions for is the truly rare patient without a finger, a toe, or an eye.

The first time the use-case was presented to me, it was by the former chief of a small fire district near the Mexican border. Many of the town's residents are undocumented, speak only Spanish, and get paid in cash on Friday evenings. Therefore, many weekends featured calls to a small cadre of inebriated foreign language speakers.

So, why not use a fingerprint scanner to query their past data, precisely as Delta Air Lines looks up whether I am allowed to enter the Sky Club?

No need to connect to immigration or justice databases; the hardware is simple enough that almost every cell phone now uses biometric scanners (including facial recognition). Delta uses it to determine whether or not I get to drink in its lounge while I write this article!

Why is EMS not using such "advanced" technologies in the field to slash documentation time and improve continuity of care? The answer to this very time-expensive question is simple, yet profound when you consider the power that your agency has but does not use to get what it needs: EMS agencies have not yet demanded that ePCR vendors deliver substantial innovation.

Agencies should flex their imaginations, whiteboard their wish lists, and not only challenge but demand that vendors deliver everything they need – realizing that pushing

"EMS agencies have not yet demanded that ePCR vendors deliver substantial innovation." innovation forward will save time (and therefore) money in the long run.

I copied a phrase from my friend Jonathan Bush, former CEO of the electronic health records company AthenaHeath. He used to say, "There is a better way." My version of the phrase is "better is possible." But this is true only if fire and EMS agencies hold companies accountable and refuse to accept the same tired and old stuff. EMSDIRECTOR

JONATHON S. FEIT, MBA, MA, is a Managing
Consultant of the BrainTrust of Fire & EMS Technologists, as well
as the co-founder & chief executive of Beyond Lucid
Technologies, Inc., the company behind the MEDIVIEW ePCR
and BEACON Prehospital Health Information Exchange. He's a
contributor to multiple EMS publications on the topics of data
sharing, patient care reporting, and technology, and is an
experienced journalist outside of the EMS arena as well.

Drop a net over your city.

Track high overdose risk patients as they "round-robin" the prehospital ecosystem. No need to change your existing ePCR.

For the first time, longitudinal tracking of drug-addicted patients that have been transported by any Fire or EMS agency to your area emergency departments.



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OPERATIONS

FATIGUE IN EMS

ROBERT MARTIN

MHA, NRP

Fatigue in EMS is a significant concern – from an operations & safety perspective.

In both the emergency and inter-facility service models, we have round-the-clock obligations to the communities, patients, and customers served. Inadequate reimbursement and short staffing make meeting these challenges harder; and for most American EMS providers, the answer is long-hour shifts ... 24s, 36s, 48s, and even longer shifts are common answers (and have become what most employees expect).

However, these long-hour shifts flirt with the edges of human performance & safety; and as demands on EMS increase, we are setting our crews, our communities, and our patients up for disaster.

From the perspective of safety, most EMS agencies are not high-reliability organizations.

The history of fatigue management regulation is written in the blood of accident victims. Until 1938, there were no federal regulations regarding fatigue, and it was common for truckers to drive for days in order to deliver their loads, resulting in many collisions and deaths. The ICC's regulations, enforcement, and powers were limited by the culture & infrastructure of the time and were enforced unevenly, but the groundwork for commercial transport-operator fatigue mitigation was laid and reinforced by state laws.

Today, the NTSB holds fatigue management as one of the greatest hazards to Americans in the course of transportation. (1) This isn't just a regulatory opinion, it is the conclusion of many, many academic studies (2) which correlate fatigue with impairment equivalent to alcohol intoxication. (3)

It isn't just truckers. The aviation industry also requires pilots to rest between flights and places strict limits on how long pilots can fly and perform other work. This, too, has proven inadequate, as shown by the 2009 Colgan Air 3407 crash. (4,5) Fifty people died

because of inappropriate pilot reactions to ar in-flight emergency ... exacerbated by pilot fatigue.

Reading the New York Times article discussing the investigation is particularly enlightening – the sequence of events described and crew behavior prior to the accident could be lifted word-for-word from an EMS crew room. (6) How many of us habit.

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that many of those "smaller" recommendations are inadequate and serve only to obscure the true extent of the issue.

In particular, the "rest break" policy suggested is problematic. Some organizations have a voluntary fatigue callout, which may or may not require supervisor approval. This may be either proactive (a crew recognizes a fatigued state and dealers it) or marking magning that a

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(8) Some of those proposals were fairly small

"' Some of those proposals were fairly smal changes; others involve systemic changes, cultural changes, and collaboration between employers and employees. However, I feel 's ...
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resistance, and clearly communicate their
rationale for doing such. These can include

collaborations between agencies to ensure employees are not going from shift to shift, education of partners in fatigue mitigation, etc.

The consequences of failing to act effectively are not only measured in lives, dollars, and trust, but in public regulation. Eventually, some unfortunate crew, patient, and/or other person(s) will die in a fatigue-induced accident that will garner public attention ... and changes that are not necessarily appropriate for our particular circumstances will be forced upon us. Doing the hard work needed to systemically eliminate life-threatening fatigue is the job of leaders and will mitigate the risk of exces regulation in the future.

We should strive to build high-reliability organizations ... not simply rely upon luck to prevent tragedies. EMSDIRECTOR

ROBERT MARTIN, MHA, NRP, is a Nationally Registered Paramedic currently living & working in Texas as a field paramedic. He is passionate about operational improvements, mentorship of new EMTs & Paramedics, and encouraging safe practices.

(1) NTSB Position Statement on Fatigue: https://www.ntsb.gov/safety/mwl/Pages/mwl1-2016.aspx (2) Sadeghniiat-Haghighi, K., & Yazdi, Z. (2015). Fatigue management in the workplace. *Industrial psychiatry journal*, 24(1), 12–17. doi:10.4103/0972-6748.160915

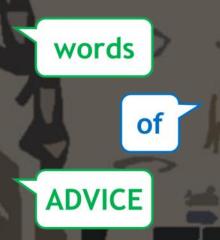
(3) Grossman, E. S., & Rosenbloom, T. (2016). Perceived level of performance impairment caused by Perceived level of performance impairment caused by Perceived International Computation (2016). International Computation of Perceived International Computation (2016). (4) http://www.enn.com/2009/TRAVEL/05/15/pilot.fatigue.buffalo.crash/index.html

(5) http://www.enn.com/2009/US/05/14/buffalo.crash/ index.html

(6) https://www.nytimes.com/2009/05/14/ nyregion/14pilot.html

(7) https://features.propublica.org/navy-accidents/usnavy-crashes-japan-cause-mccain/

(8) https://www.jems.com/articles/print/volume-43/ issue-2/features/evidence-based-guidelines-forcombatting-fatigue-in-ems.html What words of advice would you offer to someone who wants to build their voice, reputation, and recognition within EMS?



Never, never, never be bullied into silence. Never allow yourself to be made a victim by others or circumstances. Accept no one's definition of your career by always looking for ways to help others and our profession.

CHARLES | Virginia

Offer more value than you are taking in return.

WESTON | Texas

Firmly believe in your skills, interests ... and never sacrifice your personal and professional credibility. Never become judgmental, but instead, become informed. Work to exceed others' expectations as a habit and doors & opportunities will come to you.

DANIEL | New York

Medical knowledge isn't limited by scope of practice.

BRETT | Idaho

As you advance, don't fall into the "us and them" mentality. We are one team, with different responsibilities. Everything you do should be to ensure the providers have the tools they need and that the patients are getting the care they deserve.

NATE | Georgia

Stand by your words. Your word is your bond. If someone cannot trust your word, should they trust you?

CHRISTOPHER | North Carolina

Don't pretend to know everything. stay humble and willing to learn ... and most of all, stay current. Research your position on a topic and ensure science bears it out before you're stuck on it.

RICHARD | Georgia

It's all about the customer! Master your craft to serve the customer.

SEAN | California

Start speaking at conferences. Voice, reputation, and recognition are all to be had. Have a specialty niche, plus all other attributes mentioned in previous comments. Be informed, thoughtful, and authentic. Be adaptable when new science emerges.

JULIANNE | Texas

BLUEpaper



a BIG impact ... in a micro way

EMSDIRECTOR

Editorial



Space is somewhat of a "hot commodity" in EMS. Whether it's your med bag, overhead compartment, or first response bag, there's only so much equipment that will fit into the available space that you have ... so why not stock it with something that keeps this in mind?

Micro BVM, through its line of Pocket BVM products, offers EMS crews a compact option to an otherwise bulky issue. In a sense, they're offering a <u>BIG</u> impact ... in a micro way.

Let's take a step back and talk operations ... logistics ... for a moment.

Whether your agency runs 911 calls, dabbles into interfacility transfers, staffs special events, or even has the occasional off-road response, you've got resuscitation equipment located in a number of places for your crews to access.

One bag-valve mask device is located in your primary response bag, another is in your airway cabinet, then there's your bike team bag, search & rescue bag, and even your MCI kits. Each one of these spaces has their own opportunities ... as well as challenges ... for equipment storage.

You value equipment that offers versatility in terms of its placement, ease-of-use, and universally-recognized packaging that catches the eyes of your responders ... regardless of where its located.

There's no big & bulky plastic bags, no torn packaging, and no need to shuffle other equipment around in order to simply fit this device inside of your compartment ... it's micro for a reason!



Pocket BVM

BVM with O2 Tubing

Pocket BVM Tactical

Med bag - fits right next to your airway roll Bike bag - fits in any side or top compartment

Tactical kit - fits in a thigh pouch **MCI bag** - fits in nearly any space





1% of calls require a BVM ... yet, many crews carry a BVM into their scene for 100% of their calls.

BVMs take-up space ... upwards of 50% of a med bag's compartment.

So, why take-up so much space ... for only 1% of your calls?

The lightweight, fold-in, compact design of the **Pocket BVM** makes it the most versatile BVM on the market!

CASE SCENARIO

Your EMS crew is responding to the report of a "party down" at the bottom of an embankment of a local trail.

Automatically, you dual-respond with both ambulance transport and off-road rescue resources.

Equipped with general trauma & splinting supplies, equipment for patient movement, and a lightweight first response bag, you trek toward your patient.

He's significantly injured ... has shallow respirations ... and is determined to be unstable.

You begin with the ABCs ... seeking your compact Pocket BVM. Because of its compact size, you're able to carry it in any bag or compartment space. Combined with oxygen tubing that is ready to be connected, or even an oropharyngeal airway, you're easily able to perform basic airway management right on scene ... without having to run back to your ambulance for additional airway supplies.

SOLUTION

Could you have carried other equipment ... ran back to your ambulance for additional supplies?

Sure.

But, that's not the point ... that's not being prepared to respond to different situations. That's not being versatile and ready to respond to the different challenges within your geography.

Those options are work-arounds ... alternatives ... not solutions.

Changing what you carry ... adapting to the needs and demands of your calls ... that's seeking a solution.

Incorporating the Micro BVM line of resuscitation products into your response cache can provide a BIG impact ... in a micro way. It's all about preparedness ... and in our line of work, that means carrying the right tools for the job ... and space is certainly a "hot commodity" that you need to account for! EMSDIRECTOR

KEY ADVANTAGES:

Most compact BVM on the market

Saves 75% in space

Proven in military & civilian emergencies

Robust package that withstands tough conditions

Top quality materials for top performance

Reduced dead space with BVM design

Able to withstand both high & low temperature storage environments



Leadership Recipe

Finding Great People

What makes an EMS agency - or any other organization - great?

The answer to that question is easy ... great people. It's nice to have top-notch gear, brand new ambulances, cutting-edge protocols, and education opportunities that boggle the mind ... but if you don't have great people, the organization is never going to flourish.

Unfortunately, it's the community and the patients we serve who are really the ones who suffer when an organization stagnates. So, then the big question out there is, "how do we find great people?"

All agencies are searching for the right person to bring into their organization – to help *it* grow and to help other good *people* grow. The potential for an organization to do great things for their community is huge when you have the right people and they are passionate about their job.

In my own EMS agency, we have tried many different methods to find the right person that would be successfully in our organization. We focused on finding great EMS providers by looking at how they performed clinically in their internship and in contrived patient scenarios. This also carried over into how we were evaluating promotional candidates. We were looking for great paramedics and EMTs to fill those roles.

HIRE CHARACTER, TRAIN SKILL

In our search to find great EMTs and paramedics, sometimes we get it right ... while others, we get it wrong.

About six years ago, my organization began taking a new approach toward building a culture of leadership in our own hiring, operational, and management practices. Through this new focus, we began to notice greater success in finding the right people to fill our vacant positions.

In prior years, our organizational culture was such that if they were not a good fit, then they typically exited our system in a timely fashion. Since adopting a new approach, moreover, this shift in culture moved us from looking for ways to identify great providers, toward looking for great character traits

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DAVE JOHNSTON

BBA. EMT-P

their character traits. If not, either adjust the recipe to taste, or mentor the candidate to meet the "ingredients."

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RECIPE WARNING LAREL

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cup – Understanding of Leadership Versus Supervision cup – Mindset that Success Equals Improvement

2 cups – Self-motivated Improven

recipe. A trait that is often blamed for spoiling a recipe is one of constantly challenging authority.

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apparent when assessing those traits in the interview. As you are assessing humility in others, do not expect perfection ... especially in younger candidates. It is often life experience that brings tremendous humility forward.

Self-awareness

Self-awareness is the ability to understand

personality types and to other pressures in life. It is essential in communicating and in developing great relationships. The ability is able to aware of your own feelings and emotions is the first step in evaluating a response to a substitute of the work and allocated responses and then deen be low to respond. As an example, I know that when a group project

respond perfectly to every situation, but the respond perfectly to every situation, but the respondence of the recognize an occur from this point.

The presence of this trait is best assessed in follow-up question to below

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existy, ango, sachess, or joy. Not only anxiotividuals with elevated exoctional stelligence able to recognize their own exotional status (and within others), but it

the discontinuity of the shally to deal with

conjunity is the ability to deal with unbiguity and change. There is a misconception in our profession that we are early good a dealing with ambiguity. In early, we have placed a high level of importance on linear polices and protocols.

ambiguous situations. It is not rare to encounter individuals in our profession that get vapor-locked when they encounter ambiguity and change. From my own personal perspective, I can think of few things that make me happier as a leader as when I ask someone to find a solution to a

problem and they surprise me with a totally new way of approaching the issue. Embrace those who can readily adapt to change, deal

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Internal Locus of Control

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MediCredits



DEVELOPING A QUALITY CONCEPT



TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS Editor-in-Chief

Develop your own **Quality Concept** when it comes to quality assurance. What does that mean?

Determine what you feel is an important part of *your* equation to equal success in *your* performance as an EMS professional.

If you're uncertain of what to look for, or what's important to you (off the top of your head), then feel free to learn from some of my insights & thoughts (and lessonslearned!).

Quality Concept:

Quality Education
Quality Training
and Quality Assurance
Lead to Quality Performance and Care

Looking at each component of this concept & theory individually can provide you with a bit more insight as to what I'm referring to when I strive to promote quality within my teaching, within my performance, and within my actions as an EMS professional.

QUALITY EDUCATION

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Promoting **Q** is what we do day, every pr

provider to our patients - regardless of the number of times we've been to their facility

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TIM NOWAK, AAS, BS, NRP, CCEMT-P, SPO, MPO, CADS, is the Editor-in-Chief of the EMS DIRECTOR and Founder & CEO of Emergency Medical Solutions, LLC. Tim has been involved in EMS and emergency services for over 15 years and has full-time experience as a critical care paramedic, EMS educator, and firefighter, in addition to experience as a consultant, item writer, columnist, online CE developer, and board member. He's developed two reference product lines

You never know where the day may lead.

Take the classroom with you.

Emergency Medical Solutions, LLC
Professional Development for EMS
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EMS COMPANY OFFICER

Being an EMS company officer affords individuals many perks ... advantages. It also places upon them many responsibilities.

Being a partner, having a command presence, being involved in oversight, seen as a resource, even a mentor, and also an **advocate**.

Being an **advocate** brings with it many of its own challenges ... and opportunities.

In many respects, being an EMS company officer is like being a "middle-man." Whether your title is "senior," is administrative like "supervisor," or rank-driven like "lieutenant" or even "battalion chief," your responsibility as an **advocate** is to field in-coming complaints & requests, make on-the-spot decisions, and act as a person of influence on each call.

You're a leader ... leading from the middleoutward, rather than from the top-down, or bottom-up. You have the eyes and ears of both superiors and subordinates.

You're Congress (politics aside)... a REPRESENTATIVE ... you have the ability to take what your constituents have to say and turn it into producible actions ... as well as take words from a higher authority and disseminate them downward.

You're a key component of providing closed -loop communications. You gather information, report it to others, and share outcomes & results. You *retain*, *report*, and *reply* information. You're an **advocate** for those both superior and subordinate. And conversely, you're a part of the oversight process ... assuring that proper procedure & accountability is maintained.

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An Advocate for Development

TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS Editor-in-Chief

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You've got ideas ... ambitions ... and given this platform of both responsibility and authority, it is your right to have a higherlevel of respect toward expressing them!

You've worked hard, lead by example, shown your clinical competence, and exemplified your ability to mentor others. Now, it's your turn to get some of that in return. You should be able to have the closed door discussions with administrative staff that subordinate field providers might not otherwise be granted.

You should be respected enough to express both your approval, and dissent, on given topics.

At the end of the day, management staff should know that you're working as a REPRESENTATIVE to both superior and subordinate staff ... all while respecting that you're also a REPRESENTATIVE to yourself ... an advocate for your own development, too. EMSDIRECTOR

TIM NOWAK, AAS, BS, NRP, CCEMT-P, SPO, MPO, CADS, is the Editor-in-Chief of the EMS DIRECTOR and Founder & CEO of Emergency Medical Solutions, LLC. Tim has been involved in EMS and emergency services for over 15 years and has full-time experience as a critical care paramedic, EMS educator, and firefighter; in addition to experience as a consultant, item writer, columnist, online CE developer, and board member. He's developed two reference product lines geared toward EMS and incident management, and also hosts his own podcast titled EMS Insight.

Let's face it, being a company officer is a "natural" transition toward becoming a chief officer. Considering that, don't forget to advocate and REPRESENT yourself along

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mergency Medical Solutions, LLC Professional Development for EMS



HOW SOCIAL MEDIA POLICIES CHOKE EMS

MICHAEL SMITH

Paramedic

"Your social media page is out of control!"

Social media is here to stay. Facebook, Instagram, Twitter, LinkedIn, and Reddit are near-universal forums for employees of all ages ... and our new EMS professionals have literally grown up on social media. Certainly, there is a case to be made for social media conduct policies - particularly with regard for patient information, disclosures of business practices, and personnel grievances - but those policies often are either inadequate or vague ... and are often misused and misunderstood.

What is an employer to do when the conduct in question does not involve the workplace, does not target the workplace, or is a legitir

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for discussion ... as is the degree of scrutiny that leadership places on employees.

Discussion, both internal and external, affects the reputation of the employer and communication cannot be effectively controlled in a time when personal messages and anonymous threads exist. Organizational reputations are hard things to build ... and in a field like EMS, which relies upon frequent infusions of new employees as well as public goodwill, they need to be protected. Becoming the employer known for draconian social media policies isn't exactly a winning strategy for recruiting Gen Z.

Second, social media communication is generally held to the same standards as other workplace communication. This means that communications that do not involve subjects explicitly confidential by law and/or policy are not necessarily matters for discipline. This protection also means that discussions of wages, hours and working conditions are protected. That's right – employees are *specifically protected* in discussion of wages, hours, working conditions, and other relevant workplace issues ... which stretches a long way!

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That's right ... an employee who criticizes a supervisor, or even an employer, is *engaging in protected conduct* ... even if it is profane or insulting.

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Most impediscussion actual personal posts are the SWOT analysis that most managers often ignore, and good ones pay

The treatment of employees

is certainly fair game
for discussion ...

en an employee complains about thing or identifies in issue on social is. (Iey we generally speaking from a

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emotion, their perception of injury, or their own interpretation of policies to govern their actions. Instead of acting from this place, a good leader will analyze the problem and

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ADVOCACY

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RYAN THORNE

NRP

The pulse of the EMS industry can be easily palpated by a quick scroll of any social media page. The argument over degree vs. non-degree EMS professionals, wage discrepancies, and an overall lack of opportunities are all topics that flood our feeds. Solutions, such as "my company should pay me more," or "I should earn what I'm worth," are all floating around the internet and falling on deaf ears.

Remember your first day of EMT school? I recall it quite fondly, as I was young, impressionable, and naïve. During the first few weeks of the class, the idea of patient advocacy was driven home in a big way. Concepts such as, "first, do no harm" and "it's about people" are all phrases that I remember being repeated over and over again.

We discussed the well-being of the EMT, covered our role as a mandated reporter, and solidified our position as our patient's number one advocate. And through all of the great lessons in that initial EMT class, we failed to spend a single moment discussing the well-being of our profession. Our educational institutions were so busy cranking out certified providers, that we

Our intent is good, and it comes from a virtuous place, but our results fall short of the desired outcome.

In 2018, I participated in my first EMS Day on-the-Hill through the NAEMT. This was my first time in D.C. on "official" business, and it was an incredible opportunity to not only represent my home state of South Carolina, but to represent an entire nation of EMS providers. However, I became discouraged by the overall lack of

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If we could turn the passion that I see on social media into organized advocacy efforts, I believe we could see change. If we could stop looking upon our agencies as the problem and divert our attention to the real issues, we could see change. EMS has become a stepping stope for a higher paying

When we are no longer forced to work multiple jobs, and when we receive ample rest between shifts, I believe that we will see decreases in the effects of PTSD. We will see decreases in the negative accidents, back injuries, and other negative consequences often associated with our industry. We can

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want you an impact it's every the unity we have fession. I gy, your make this esterday.

assion,

I CEO of After is team have of more than 20 ce annually, and one Ambulance usiness in South vent in ZOLL Pulse

Award and has spoken at EMS conferences in Myrtle Beach (SC), Denver (CO), and Las Vegas (NV)

Photo: www.thorneambulance.com/media

back of that ambu knew, at nineteen, potential would re remained in EMS. understand the bus cost to run a single to run an entire an fueled solely by massion that I cont

Today, my organic hundred individua than 17,000 reque have an intimate k operate an ambula reimbursement rat the organization. V EMS providers co wages — and blam I become frustrate

Collectively, we n majority of ambul for the right reason

advocate, love, and show compassion for others during their time of greatest need. We must further understand that most organizations *do* care about us, and desire to create a long-term opportunity for us as a patient care provider. The wages our organizations pay are based on simple economics, and not a personal dig. How, then, can we begin to see a turnaround?

The answer is simple ... and it begins with

If there was a time to advocate, that time is now.

It is my belief that we can come together as a singular voice, advocating for our cause. I turther believe that this begins with a change to the reimbursement structure. When we receive reimbursement commensurate of the services we are providing, we can then be compensated at rates consistent with the work that we are doing.

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LEADERSHIP

LDRSHIP, ARMY STYLE

There are many acronyms in the military ... comedians like the late Robin Williams made jokes about them ... and those who have never served don't understand them.

This article will cover the Army model of leadership and how, as EMS managers and leaders, it can be applied to the daily operations. The Army uses the acronym of LDRSHIP to describe the seven basic values of the Soldiers in the Army.

Loyalty - Bear true faith and allegiance to the U.S Constitution, the Army, your Unit, and other Soldiers

Duty - Fulfill your obligations

Respect - Treat people as they should be treated Selfless service - Put the welfare of the nation, the Army, and your subordinates before your own Honor - Live up to all the Army values Integrity - Do what's right, legally and morally Personal courage - Face fear, danger, or adversity (physical or moral)

Now that you know how the Army looks at leadership, how can you apply this to your everyday work? Here's a look at each of the seven core

OYALTY

As a manag profession, your loyalty understand department including the There is the for you; the understand

As a leader you lead. T direction ar whatever you

DUTY

In the Army fulfill your the same as difference i set of oblig

In the military, your obligation may include maintaining combat operational readiness. Your duty in the department that you work for, may be to ensure that the trucks are staffed, and trucks are rolling.

You also need to remember your duty to those that work for you. They come in and do the job that they are supposed to, so you need to ensure that you maintain your duty to them ... ensuring that they get the things that are needed and the benefits that are promised.

RESPECT

Respect is a unique attribute that is very fragile. A quote online said that it takes "20 years to build respect, but 5 minutes to destroy it." This is very true. The first part of respect is to treat others the way that you want to be treated. When you start with doing this, you will see the levels of respect grow.

Another aspect of respect is positional. You may have lost respect for an individual on a personal level, but when working in the

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ways. Are you a person that stands by what they say and mean? Do you keep your word? Do the people that work with you, and the ones that you work for, know that they can trust you, and that you are able to do what is

CHRISTOPHER CONNOLLY

BSBA, Paramedic

asked of you? If someone from a different division within your company asks about you, will those that you work with give a good review, or would you worry about what they will say?

INTEGRITY

Integrity is important at all levels. If you have a subordinate that is asking you for help, do you have the integrity to tell them the right things to do? Can they trust you to help them handle their problem? If you make a mistake, integrity is walking into your boss's office and telling him or her about it. Integrity is owning-up to a mistake, or an error, and turning it into a learning experience.

PERSONAL COURAGE

There are tasks at every job with components that no one likes to do. For leaders, this may be the task of providing negative feedback during performance evaluations. Do you

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Christopher is married with 4 children, and is active in Scouting and veteran & academic organizations as he pursues his MBA at East Carolina University.



How does EMS advocacy need to change moving forward?

What should we advocate for?

What should we stop advocating for?

I think we need to reorient EMS advocacy away from clinical changes and toward operational changes. It is really, really hard to attract people in a competitive labor market with paramilitary organizational models, poor leadership, and long hours ... for low wages.

ROBERT | Texas

Ambulance fee schedules will need to be adjusted to increase compensation, and allow organizations to operate at efficient staffing/resource levels. No matter how good our intent, the financial component must be addressed to truly implement the change we seek in the ambulance industry.

RYAN | South Carolina

We have enough physicians advocating for clinical improvement ... we need EMS folks advocating for operational, educational, and financial improvement.

How about requiring candidates for supervisor positions to hold the Supervising Paramedic Officer (SPO) credential, candidates for manager to hold the Managing Paramedic Officer (MPO) credential, and candidates for the director/chief to hold the Fellow of the American College of Paramedic Executives (FACPE) credential?

SKIP | North Carolina

Leadership training should be mandatory prior to getting that position. Now, most every supervisor or manager is being promoted from within and it becomes the "Peter" principle. They have no idea how to lead. People leave management; not their company.

JON | Texas

It's time that we advocate for EMS as its own industry ... its own profession ... not just a tag-along to another service model.

This means that fire departments, hospitals, municipalities, and other entities need to focus their efforts (and funding) toward "EMS development" ... not just "EMS as a part of ."

TIM | Colorado

I don't want to become a nurse ... I want to remain a paramedic! Let's promote commensurate education and associated pay ... representation with associated support ... respect with associated funding. HOLLY | Florida

Degrees ... sure ... but appropriate degrees, with an appropriate curriculum, appropriate timeframes, and appropriate costs.

Spending \$30k on an in-person BS degree sounds like exactly that ... "BS."

Spending only \$10k on a more appropriate associate's degree ... with clinical time, classroom time, and a focus on building functional providers ... I'm all for that!

CHUCK | District of Columbia

Advocacy needs to be emphasized locally, just as much as it needs to be emphasized nationally. Yes, CMS might control reimbursements on the larger scale, but communities control funding up-front and immediately. If they don't believe that we (EMS) are an "essential service," then they sure as hell won't be willing to pay for it! If you think that recruitment & retention are issues ... try reimbursement & funding as its starting point!

MICHAEL | Wisconsin

We should stop advocating for "bridge" programs to nursing or other fields. It always seemed to be counter-productive to offer scholarships to medics and EMTs to go to nursing school, but not offer EMTs scholarships to obtain paramedic training ... or paramedics scholarships to attend leadership conferences, or advancing their education within the field.

We should probably stop treating EMS as a "business" run by business majors, and start presenting it as either a public safety organization, or as a public health entity.

Or, admit we're a business ... quit trying to beg for tax increases and public monies, and start managing the process to produce the product expected.

Also, we should advocate for national reciprocity and portable licensure from state-to-state, allowing for a more-developed career ladder.

JOHN | Mississippi

Aside from the "usual" debates over reimbursement, recruitment, retention, degrees, and "what" to call us ... how about a renewed sense of safety?

At the expense of safety, we're still willing to buy (and build) ambulances with bench seats ... paint them red ... make them massive. How about shifting our focus toward actually embracing safety, rather than using it as a punch line?

WILLIAM | South Dakota

EMS should be a profession ... a career ... in itself; not just a supplement or a stepping stone. If we can't accomplish this, then all of our other arguments, debates, or concerns may not really matter.

JAMES | New Hampshire

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Does Your EMS Agency Have A "Weight Problem?"

SKIP KIRKWOOD

MS, JD, NRP (Ret.), FACPE



Rest easy. This article is not going to discuss the myriad of issues regarding physical

result of carrying excess weight, significant interactions with potholes, and other types o

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This standard, which should be familiar to anyone involved with purchasing or maintaining ambulances, includes a worksheet with a calculation methodology. Interestingly, the worksheet assumes that each seated position (including crew and patient) weighs in at 171 pounds (C.6.2.2). Section C.6.3 provides that "the combination of the vehicle's curb weight and total usable payload weight shall not exceed the ambulance GVWR."

You can see that a single step up in chassis selection can gain the user up to 2,500 additional pounds of GVWR, from which must be subtracted the increased weight of the chassis itself to determine the gain in payload. Or, ask several vendors to provide you the "payload worksheet" as shown in the National Truck Equipment Association (NTEA) UltraMod spreadsheet (available at www.ntea.com), which is referenced in the CAAS standards.

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3500 chassis: 12,300-13,200 lbs 4500 chassis: 14,200-16,500 lbs 5500 chassis: 19,500-23,500 lbs

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Program Chair for NEMSMA's EMS Field Training and Evaluation Program.

- (1) Commission on Accreditation of Ambulance Services www.caas.org.
- (2) https://www.fleet.ford.com/resources/ford/general/pdf/brochures/2019/2019 SuperDuty Chassis.pdf.
- (3) https://www.gmfleet.com/specialty-vehicles/
- (4) NTEA UltraMod spreadsheet www.ntea.com





WHAT DOES PREPAREDNESS MEAN?

JOHN T. RIGGS

BS, NRP, DCMEI

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HOW EMS PROVIDERS CAN IMPROVE THEIR ROLE IN THE REALM OF EM

RYAN ESSEPIAN

EMT-P, BS-Emergency Management

FINANCIAL FORECASTING: 3 CONSIDERATIONS

\$ THE

TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS Editor-in-Chief

2019 is shaping-up to be one heek of a year! From the discussions surrounding cost reporting, to the introduction of ET3, and even the debate surrounding degrees in EMS, 2019 is certainly making a 1966-like impact on our industry (referencing the infamous "white paper").

As a result, your "F" role in t certainly in a state of excitem Forecasting for the future is s administrator's mind ... inclu-

As such, here's three conside also communicate with your (rather than fine) financial tin

CURRENT STATE

How do the state of affairs lo What challenges (and opports the upcoming calendar month need for additional capital moincreasing call volumes and t scheduling (and your budget)

SHORT-TERM PLAN

And by short-term, I mean 1-station? How about add addit matrix? What about anticipate anticipated hiring needs ... or stakeholders and employees I what you're anticipating just

What if ET3 becomes a huge implementation in 2025/26? I agency? What additional infrorder to be successful? Layin

scale, long-term, anticipated (
now can certainly lessen your

the EMS DIRECTOR and Founder & CEC involved in EMS and emergency services for care paramedic, EMS educator, and firefig columnist, online CE developer, and board geared toward EMS and incident management

THE PROBLEMS WITH PHYSICAL RESTRAINT IN EMS

CLINICAL FOCUS

DAVID DUFEK

Flight Paramedic

There is a common understanding among healthcare providers that restraining uncooperative patients is difficult ... and one of the more dangerous interventions we perform.

Throughout my career as a maramadic

have witnessed injuries to estraint process. Extended common with this patient ared a needle-stick injury ive patient with traditional arther research restraint inimize exposure time. This is with EMS providers and challenges and offer ideas

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to see more!

S departments every year, and body motion, exposures, es is caused by int process. Some of these training on restraints in uning or continued bunded by outdated limb to apply them, and the up in the healthcare industry.

ne safety is stressed in schoo risk of exposures or assault. '-loading stretchers is widely isk of injury. The same iders that must physically s used coordinated physical ated limb restraints, the

ntion and updates to training, nt of time EMS providers his reduction in time not ene, but allows for faster se patients. It's critical that with the resources they need tter, everyone benefits.

and Hight paramedic with Flagler County

He is also the founder & CEO of

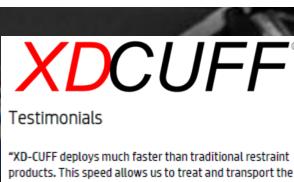
wen to greatly reduce the risk of injury to

EMS providers when treating uncooperative patients.

 Reichard AA, Marsh SM, Tonozzi TR, Konda S, Gormley MA. Occupational injuries and exposures among emergency medical services workers. Prehosp Emerg Carc. 2017;21(4):420-431.

(2) Maguire BJ, Smith S. Injuries and fatalities among emergency medical technicians and paramedics in the United States. Prehosp Disaster Med. 2013;28 (4):376-382





products. This speed allows us to treat and transport the uncooperative patient faster than before"

Lt. Jenny Nist St. Johns County Fire Rescue

"The XD Cuffs being already secured to the stretcher in a preferred spot is a big bonus. The quick synch, feature is by far the biggest time saver. I feel safer and more confident using the XD Cuffs over others."

Firefighter/Paramedic (FTO) Justin Thomas

Flagler County Fire Rescue

"XD-Cuff is the first limb restraint product that I've seen work in EMS"

Mark Davis Director

Desoto County EMS

Endorsed by



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DATA INTEROPERABILITY (AND ITS ET3 RELATIONSHIP)

CHAD ALBERT

In the last issue of EMS Director, I talked about digital transformation and some ways that digital transformation can impact EMS operations. I wanted to follow through on that discussion and talk about data interoperability.

Data interoperability is a broad term that covers the ability of disparate systems to consume and use data.

In healthcare, that generally means using established standards, terminologies, and ontologies that provide meaning, rules, and structure to data to ensure that the meaning of the data is consistent and able to be understood.

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There are affecting (many of because DHHS ... discussic of value that can be derived from data

So, if there is so much value in interoperability, why is there resistance a despite the existence of standards &

There are a variety of reasons, but I think

there are two that cause the most issues. The first is an issue generally known as "vendor lock-in," and the second is that data has tremendous value ... and the owners of that data often either don't want to share, or don't want to make it easy for you to switch providers.

Vendor lock-in is a scenario where you are "locked" in to a vendor's software, and it is difficult or very costly to take your data to a different software vendor. Anyone that's switched ePCR vendors knows it can be a significant headache. Some vendors love this ... it keeps their revenue coming in!

Why is data interoperability important to EMS?

Data interoperability is critical to digital

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there too late to be useful (if the data gets to the EMR at all!). These are system implementation issues that can be resolved.

We have the technologies. I think that the issue of data interoperability, systems integration (both IT system and healthcare systems), and automation of information will

be the single most important success facto of the upcoming ET3 reimbursement pilot

At its core, ET3 is about directing patients to the most appropriate channels of care. For that to be successful, you will need to follow -up on that care, schedule appointments, schedule non-emergency transportation, receive and implement post visit follow-up through community paramedicine programs, and request outcome data for analytics. In other words, integrate into healthcare.

"Automation of information
will be the single most important
success factor of the upcoming ET3
reimbursement pilot"

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y an clients tions. I've

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systems for 15 years. Feel free to reach me via email with any questions (chad@datamedic.cc).

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A Case Study for EMS Advocacy

SEAN CAFFREY

MBA, FACPE, NRP

If you inhabit the EMS social media space, you will frequently find folks lamenting that the federal government should be doing X and that state EMS rules require Y.

In almost all cases these comments are a plea for change.

Interestingly, however, ongoing engagement in advocacy efforts by EMS leaders is uncommon. Interestingly, many EMS leaders complain that they don't join state and national organizations because they don't see the value. all while simultaneously complaining that EMS needs a "seat at the table."

association serves as both the state ambulance association and the statewide professional association for EMTs and paramedics. The association seeks to actively recruit members of all system types - including hospital-based, private, third service, and fire-based services.

Both individual and organizational memberships are available with the vast majority of membership being signed up through organizations. In recent years, a push has been underway to bring our non-profit EMS and Trauma Regions onboard as members.

So, how do we address this gap as leaders?

The first step is understanding what advocacy is. In broad

terms, advocacy is seeking to affect some change in society. That may include appealing to individuals to change their behavior, asking a governmental agency to change its rules, or askin.

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As a case study, the Emergency Medical Services Association of Colorado (EMSAC) is a non-profit organization formed in 1973 that holds 501(c)3 status granted by the IRS. As a state-level EMS organization formed in the early days of modern EMS, the

risky decision in 2006 to hire the lobbyist directly for approximately \$30,000 annually. In recent years EMSAC has also contracted with a part-time communications director to regularly update and engage our members in matters of legislative and regulatory interest.

&

added FOCUS

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seeking to affect

some change in society

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Being willing to talk, especially with organizations and officials that disagree with you, is important to build understanding and trust over the long term. While some years have important legislative gains, others are measured by stopping unwanted legislation. Some years, nonetheless, are simply uneventful. Regardless of the activity level, the importance of having a regular presence at the legislature in terms of a professional lobbyist cannot be understated. With that level presence, you can make change happen. Without it, change will happen to you.

There is no better time than today to step up and start shaping the future of our profession and our industry. Of course, if that sounds like too much work, you can always gripe about the status quo on social media and lament that you don't get anything for your association membership dues. EMSDIRECTOR

SEAN CAFFREY, MBA, FACPE, NRP, is the Vice President of the EMS Association of Colorado and the President -Elect of the National EMS Management Association.

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THE EMS INTERVIEW

JOHN HITCHENS

BBA, NRP

How **Bold**Should You Be in an EMS Interview?

On my way to work this morning (with a drive that lasts about an hour) I often listen to audio books as a way to clear my head and use my time the best way possible.

Today, while listening to "Leadership: In Turbulent Times," by Doris Kearns Goodwin, one story in particular spoke directly to the question of boldness during the interview process. In short, this story spoke of the moments immediately prior to Abraham Lincoln's signing of the Emancipation Proclamation.

Witness accounts state that President Lincoln proclaims any sign of tremor in his handwriting will forever be interpreted as hesitation in signing the document. Then, President Lincoln signs the Emancipation Proclamation with a "clear, bold, and firm" signature. Abraham Lincoln had the forethought of the gravity of the document that he was about to sign, that he did so ... **boldly**.

Do you remember your last interview for an EMS job? Did you prepare for the interview? Were you asked any questions about your work ethic and skill-set ... or were you just hired on the spot because "we have a lot of openings"?

As EMS progresses as a profession, so should the process we call the *interview*. EMS is a profession where most paramedics and EMTs are known throughout their respective region. In most cases, you already know the person hiring you and they know

you. But, what happens when it's your first interview for an EMS job ... or you are applying for a job outside of your geographical comfort zone? It is easy to believe the preconceived notion that you don't need to take an interview in EMS seriously because EMS is always hiring. But don't we want to change that?

BE BOLD

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Now, for the formalities. Dress like you want the job. Taking the time to dress nicely is an interesting strategy that doesn't go unnoticed. If you are willing to dress like you're serious for the interview, it shows you are serious about working there.

Arrive early. No boss or hiring director likes it when you're late. If you have to be late, take the time to call and see if you need to

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run

It is okay to be bold enough to not hire someone ... so be bold enough to conduct a serious interview! Put down put the computer to sleep. At hiring mediocre employees? every person that walks throup Pretty bold concept, huh?

If your agency is known for that applies because you've gover, then you'll get just "a for your available spots. Be l be selective in your hiring probold enough to not hire every

Take a little bit of time to dis accomplishments of the orga prospective employee. Don't out there the great things you give an oversight of where your organization to go. Give feed answer questions factually. Our prospective employee an idea ahead if you decide to offer the and what their expectations a nothing worse than being in within in the first three shifts new hire has discovered that isn't "the one" for them. The

next 30 days trying to find a new job and working on an exit strategy from yours.

Subscribe to see more!

bold. Our profession needs bold employees and bold administrators to take EMS to the you bold enough to be a par

ef of EMS Operations for the Star City nent, in charge of its paid EMS Division.

I years in EMS, with over 17 years of nd critical care paramedic, and has 15 nent experience. John holds a Bachelor's ministration and Management, and serves , and national committees on EMS.

ficronoc) Goodwin, D. K.

Have you experienced...

- ✓ Difficulty recruiting or keeping new members
- ✓ Personality conflicts
- ✓ Issues between paid staff and volunteers
- ✓ Stress and burnout
- ✓ Disagreement between leadership and frontline members
- ✓ Lack of support / having to do it all yourself
- ✓ Small group of people doing everything
- ✓ Gossip / cliques

You are not alone!

Feedback from a recent participant:

"Listening to people is contagious! Actually hearing and processing what they had to say is so vital to my success. Also, not focusing on what employees are doing wrong...but focus on what they do right and what they can contribute to the organization."

THE NEW MINICOURSE



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BEFORE IT'S TOO LATE!

Obtaining the best result after an "assault on paramedics" requires advance development of relationships and procedures

Lately, the media has been filled with reports of violent attacks on paramedics. Members of our nation's paramedic services have been stabbed, shot, punched, kicked, spat upon, and battered in a variety of other ways. Verbal assaults are too frequent to mention, but death threats and threats against family are also common.

All too often, within days, the media (particularly social media) is filled with comments from professional colleagues, unhappy with the response of law enforcement, the judiciary, and other authorities to these events. Protests and complaining, often just "preaching to the choir," abound – but are unlikely to change the course of events for this or future cases.

An EMS organization that wishes to see a better outcome of its "assault on paramedics" cases needs to get out in front of these issues. It is not easy, and it is not something that individual street paramedics can do themselves.

It requires leadership and some hard work on the part of the chiefs and senior officers of the EMS organization; although in some circumstances, the EMS labor organization or professional association can also be helpful. As with most complex matters, good outcomes are dependent upon good, established relationships with the right people; and in some cases, having the right person on "speed dial" when the unpleasantness occurs.

KNOW WHAT THE RULES SAY TODAY!

What do your state laws say about assaults on paramedics, firefighters, police officers, or institution-based healthcare professionals? Does the law already provide for a higher degree or class of crime for assaults on your people, or is it an "ordinary" assault? If a battery or assault happens, what do you tell the investigator, magistrate, or judge that you want the perpetrator charged with? Is "communicating terroristic threats" a separate crime in your state? Beyond the statute, what do your law enforcement agencies do with these cases, and what do the judges know? Fortunately, these cases are infrequent enough so that an EMS case may be a "first time ever" for the people handling it.

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Professional Development for EMS

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WHAT WOULD YOU *LIKE* THE RULES TO SAY?

If you are unhappy with the status of the law in your state, the time to change it is now! Here, your union or professional association, or the EMS chiefs' association, might be helpful. There is usually very little opposition to "enhanced status" bills in state legislatures. Your goal should be that battery or assault on a paramedic is classified as the same level crime as battery or assault on a law enforcement officer.

legal complaints. Many EMS agencic multiple jurisdictions, so this process involve a number of meetings.

SKIP KIRKWOOD

MS, JD, NRP (Ret.), FACPE

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encourage parameatc victims to pursue charges if that is a consideration, and that any "attack on paramedic" is treated seriously – just like an attack of one of their own. or, H

or, Albert School of Law. Skip was admitted to the Bar in

ennsylvania, New Jersey, and the federal courts. He is a past

resident (2011-2012) of the National EMS Management

association, and currently serves as a Commissioner of the

merican College of Paramedic Executives, and as the National

roogram Chair for NEMSMA's EMS Field Training and

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LEGO LOGISTICS

DOUGLAS RICHARDSON

Paramedic, MS-PSM

How We Can Learn to Communicate Better by Using Legos®

Like many of you. I have attended "hot washe and at is tag!

Agend spend the program area is trying the equable to and pl

Services Ser

will d exerci some Classi sets. I more In this example, I used a Captain, Chief, Battalion Chief, and Lieutenant. The Captain has unfettered access to the completed plan (the assembled Legos®), the Chief has unfettered access to the Captain and Battalion Chief, but cannot communicate with the Lieutenant. The Battalion Chief car speak to the Chief or Lieutenant, but not the Captain. The Lieutenant has all the parts

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Subscribe nto see more!

Perception is very important in ovel susmitted set for what a 4x4 is and you will be told a piece dimensional limiter. To a you're enthusional limiter.

e is not at you are speaking to the person that can



This exercise teaches the importance of speaking clearly and following directions. It demonstrates the importance of feedback and affirming that a message has been received and understood. Another goal of the exercise is to build relationships ... to have members of the team develop a connection to other members of the team, and through training, develop trust.

Possibly the most important lesson is that this exercise teaches us to deal with hindrances ... how to deal with a situation when we can't speak to the individual we want to and how to utilize other means of assuring that the message gets to all needed parties. EMSDIRECTOR

DOUGLAS RICHARDSON, Paramedic, MS-PSM,

began his career in public safety as a paid-on-call firefighter with the Havana City Fire Department in Illinois. He attended EMT-Basic training in 1992 at Spoon River College where he is now an adjunct professor of prehospital medicine. Douglas is the Lead Instructor with Medic-CE, an online leader in delivering nationally accredited, online EMS continuing education. Douglas received his Bachelor's degree in Public Safety Management from Franklin University, and his Master's degree in Public Safety Administration through Lewis University. You can reach Douglas with any additional thoughts or comments at: douglas.richardson@medic-ce.com.

Lieutenant





I imagine that we've all been there ... sometimes learning more from the individuals throughout our careers that certainly weren't mentors to us ... weren't positive influences on our lives.

It was certainly an un-mentor relationship.

"Pat" was my un-mentor ... my first partner on the ambulance.

Any employee personality analysis would have proven that our working relationship should have never been. I was a new paramedic ... eager, excited, ambitious, and ready to learn more. He was hardly that ... complacent, burned-out, and not interested in teaching.

We clashed ... a lot.

Through that clash, moreover, I still learned a lot (just not in the positive way that I had hoped to).

Un-mentor relationships can sometimes teach us just as much as (and sometimes, more than) a healthy mentorship relationship can. The big difference - in the long haul - is that we can't allow this pace to keep up.

Two, three, or even more continuous negatives don't add-up to a positive. Positives add-up to a positive. Un-mentors - alone - shouldn't drive your professional development. Un-mentors - alone - shouldn't constitute your mentorship relationship with others.

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An Un-mentor Relationship

TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS Editor-in-Chief

Subs	scribe	
to see	: more!	

TIM NOWAK, AAS, BS, NRP, CCEMT-P, SPO,

MPO, CADS, is the Editor-in-Chief of the EMS DIRECTOR and Founder & CEO of Emergency Medical Solutions, LLC. Tim has been involved in EMS and emergency services for over 15 years and has full-time experience as a critical care paramedic, EMS educator, and firefighter, in addition to experience as a consultant, item writer, columnist, online CE developer, and board member. He's developed two reference product lines geared toward EMS and incident management, and also hosts his own podcast titled EMS Insight.

corner



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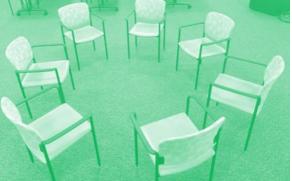
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relationships - aren't the "big" issue here ... but long-term, or even acute-on-chronic issues are.





advocate

NATIONAL EMS MANAGEMENT ASSOCIATION

www.nemsma.org



As an organization of EMS leaders, NEMSMA believes strongly that our future leaders will be better prepared — and will likely be more successful — if they are drawn from a vibrant community of sophisticated, clinically adept, well-educated, and experienced professionals. The EMS profession in the United States is often made-up of fiercely independent providers fractured by state, training level, system type, and paid status. The work of building the profession of paramedicine has, therefore, become a primary goal of NEMSMA leadership. We know that the journey of professional advancement is never complete. We are working today to build an identity, claim a specialized body of knowledge, enact self-imposed ethical standards, and raise the bar to entry. The conversations we start today will hopefully become the status quo in 2030, 2040, and beyond.

INTERNATIONAL ASSOCIATION OF EMS CHIEFS

www.iaemsc.org



The IAEMSC mission is to support, promote and advance the leadership of EMS response entities, and to advocate for the EMS profession. Our members are EMS Chief executives, senior leadership, supervisory staff, and aspiring leaders from rural communities to major metropolitan areas throughout the world. Our members serve 20 million citizens and respond to over 3 million EMS incidents annually. Membership includes career, volunteer, municipal, fire service, third service, hospital based, and private EMS sector representatives. Our programs support current EMS leaders while mentoring future EMS leaders. IAEMSC seeks to improve the way the world views EMS — motivating governmental and private entities to provide the much-needed funding and political support for EMS to remain effective and efficient.

INTERNATIONAL PUBLIC SAFETY ASSOCIATION

www.joinipsa.org



Our Mission is to break-down the cultural barriers and foster the relationships between EMS, fire, law enforcement, telecommunicators, allied emergency responders, and the communities they serve. Our vision is for a stronger, more integrated public safety community capable of an effective joint response to all public safety incidents. The IPSA has EMS professionals on its board of directors, involved with committees (e.g. TEMS and RTF), and continually provides in-person and online training to the EMS profession. In addition, there are several EMS relevant research publications available, including the *IPSA Journal*.

NATIONAL EMS MUSEUM

www.emsmuseum.org



The National EMS Museum is dedicated to memorializing the history of the emergency medical services while inspiring a future of EMS innovation. By supporting first responders throughout their careers with engaging programs and a rich collection of research resources, the National EMS Museum provides a unique network for first responders to connect with their history and their communities. Through public exhibitions and family-based programs, the National EMS Museum introduces aspects of emergency care and responding to communities across the world while supporting first responders and their families.

How is your association an <u>advocate</u> for professional development within EMS?

INTERNATIONAL POLICE MOUNTAIN BIKE ASSOCIATION

www.ipmba.org



IPMBA promotes the use of bikes for public safety, provides resources and networking opportunities, and offers the best, most complete training for public safety cyclists. This includes training programs for EMS Cyclists ranging, from operator to instructor, that enables them to respond swiftly and safely to medical calls in-progress in crowded and congested environments.

EMS ASSOCIATION OF

COLORADO

www.emsac.org



As the only state organization dedicated solely to EMS, EMSAC serves the EMS system. The association speaks with a unified voice to assure the best care for victims of trauma and those suffering from medical emergencies. When organizations need the expertise and opinions of EMS professionals, they ask EMSAC. From position papers to legislation to public education, EMSAC is EMS in Colorado. Whether it be a legislative committee considering the operation of emergency vehicles, the development of the Colorado trauma system, or the Prehospital Care Program planning the next ten years' evolution of Colorado EMS, EMSAC offers the critical perspective of those who daily provide, manage and plan emergency care.

AMBULANCE ASSOCIATION OF PENNSYLVANIA

www.aa-pa.org



The Ambulance Association of Pennsylvania (AAP) is the lead organization for the advancement of the needs of its members in the emergency and non-emergency ambulance and medical transportation industry. The AAP advocates the highest quality patient care through ethical and sound business practices, advancing the interests of its members in important legislative, regulatory, educational, and reimbursement issues. In accomplishing this goal, the AAP is dedicated to excellence in providing superior service to all facets of its membership and in developing positive relationships with other organizations associated with the medical transportation industry, through prompt communications and effective educational programs. In carrying out this mission, the AAP is committed to meeting the needs of its members in the volunteer, non-profit, and for-profit sector.

NATIONAL EMS MANAGEMENT ASSOCIATION | PRESIDENT'S MESSAGE



NEW (PAPER) PARTNERSHIP

BRIAN LACROIX
PRESIDENT

Some exciting news!

From time-to-time, the stars align enabling some pretty special things to occur. I am thrilled to "officially" announce that - beginning with this issue - the National EMS Management Association has partnered with the EMSDIRECTOR to make this the "official publication" of our association.

EMSDIRECTOR is published by Emergency Medical Solutions, LLC, an independent EMS training & consulting company. Tim Nowak serves as the Editor-in-Chief. Starting now, NEMSMA and Emergency Medical Solutions have teamed-up to bring the paramedicine community a vibrant and enhanced print publication designed to support & inform leaders in our career field.

Members of NEMSMA will receive a complimentary subscription to EMSDIRECTOR mailed directly to your home or office on a quarterly basis. Independent subscriptions are available as well, but of course, we highly encourage anyone interested in the magazine to join NEMSMA and become part of the broader conversation. Additionally, sponsors and advertisers will have a new vehicle to connect directly with key decision makers in EMS across the country ... and beyond.

We are fortunate to be working with our talented Editor, Tim Nowak, whose background and experience – as well as his skills as a journalist – make him the perfect partner in bringing information to current & aspiring leaders across the country.

NEMSMA's Immediate Past-President, Vince Robbins, serves as the Board liaison to the Publications Committee. Vince will be working with Tim to build an editorial board to help include our thinking about content and strategic direction. In addition, it is our interest to cultivate a platform to publish peer-reviewed research papers in the areas of paramedicine leadership and management. Precious little research is published in this area and we are hopeful that the EMSDIRECTOR will be a catalyst in growing the body of knowledge around what makes a good and successful public safety leader.

If any NEMSMA members have an interest in getting involved with the future of the EMSDIRECTOR, either via the editorial board or in providing content, please reach out to Tim and/or Vince. Their contact info can be found on our website (www.nemsma.org) or within this magazine.

At a time when newspapers and magazines everywhere are scaling back print publications and moving toward digital models, we believe there is a real & viable place for a printed magazine. Many of us still like to hold a printed piece in our hands and the EMSDIRECTOR fills a unique space - targeted at a medium-sized audience - with very distinctive interests & needs. The partnership between NEMSMA and Emergency Medical Solutions allows us the opportunity to offer this quarterly publication in an economical & sustainable way. We look forward to a long and successful relationship.

Enjoy! *NEMSMA



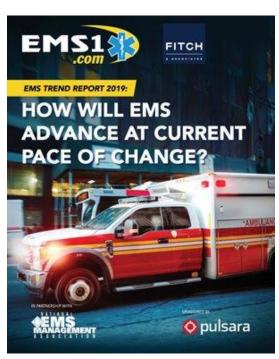
PINNACLE 2019 REVIEW

VINCE ROBBINS

PAST-PRESIDENT

About 700 people attended the Pinnacle conference this year, held in July in Orlando, Florida. It was the 14th Pinnacle EMS Leadership Forum – originated, organized, and conducted by Fitch and Associates. It was a week of education, exchange, inspiration, and especially ... networking. Pinnacle prides itself on providing a venue every year where colleagues in paramedicine can connect & collaborate.

The topics at Pinnacle ranged from hot topics facing the profession, presented annually by NEMSMA as Pinnacle Insights, to a review of trends developing in the industry with the 2019 EMS1/Fitch Trend Report.



www.ems1.com

Sessions included areas of interest such as how the fire service model needs to evolve to keep pace with paramedicine in the U.S., to updates on the Center for Medicare and Medicaid Innovation's (CMMI) ET3 pilot reimbursement model, as well as developments associated with CMS's Ambulance Cost Collection requirements.

Some seminars addressed PTSD, depression, and suicide in EMS, what leaders can do to teach resiliency in their workforces, and innovative therapies like EMDR (Eye Movement Desensitization and Reprocessing) – which can assist first responders, including dispatchers, in dealing with the stress that leads to serious psychological distress.

Several NEMSMA Board members were among the faculty presenting at Pinnacle this year, including Past-President Vince Robbins, current President Brian LaCroix, Director-At-Large Hezedean Smith, Secretary Brooke Burton, Treasurer Alisson Bloom, and Executive Director Pat Songer. NEMSMA also held its Officer Credentialing prep classes and exam during the conference. The association also conducted meetings for each of its various committees and its Annual Membership Meeting at Pinnacle.

The week was wholly worthwhile and provided the opportunity for NEMSMA to showcase the association and confab with other organizations representing different stakeholder groups within EMS. NEMSMA is proud to have become such an integral part of Pinnacle and connected so closely with its content. *NEMSMA

Find additional information about the **Pinnacle** conference at: www.pinnacle-ems.com

Next Conference - July 27-31, 2020 - Phoenix, AZ



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PARTNERING TO ADVOCATE

TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS Editor-in-Chief

First and foremost, I would like to welcome the entire NEMSMA membership to the EMSDIRECTOR magazine! Since its rebirth in 2018, this publication has grown leaps & bounds in terms of its recurrent columns, contributing authors, supporting advertisers, and now ... its membership.

From its beginning, this magazine's focus has remained the same ... to promote **Professional Development for EMS**. As you'll see (if you haven't already been a subscriber), there's very little focus on the clinical aspects of EMS - paramedicine - in this magazine. Rather, its focus is primarily directed toward YOU ... the director, chief, FTO, supervisor, and leader ... active, aspiring, and retired alike.

We're all aware that our industry - regardless of the state (or even nation) that you operate in - has seen significant changes & growth over the past few decades. One of the challenges that we continually face in the industry revolves around both recruitment and retention ... particularly when it comes to our field providers.

Well, the administrators of our industry's agencies are not immune from this! We still need to foster professional development within our ranks. We still need to advocate for progress ... share our stories ... mentor our future. That's what this magazine is about ... being an **ADVOCATE** for our industry ... being an **ADVOCATE** for YOU!

I get great pride with seeing each quarterly issue of this magazine both come together and grow. What started as a 20-page magazine quickly grew into 40 ... and now to 60 ... and will likely see 80-pages in the near future. This is all because of the support that it's gained from people like YOU, and from organizations like NEMSMA!

Now that we're partners in this endeavor, I hope that you begin to see this publication as a representation of YOU ... just as much as I aspire for it to be just that.

Moving forward, I want to welcome you into this publication and express my interest in reading about your stories ... your vision. Please do not hesitate to contact me with your article ideas, suggestions for improvement, or general questions about this magazine (or even how to get more copies for your own stations!).

I'm incredibly proud of this partnership, and I'm looking forward to the relationship that we've developed as partners in this industry. In closing ... welcome to the EMSDIRECTOR!

emsdirector@emergencymedicalsolutionsllc.com

Inspiring Leaders
Serving Their Communities

CREDENTIALS ENHANCING YOURSELF - OUR INDUSTRY

TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS Editor-in-Chief

I'm biased - I'll admit that - because I believe in what the credentialing process stands for ... enhancing professional development.

As we're all continually learning, advancing, and growing on our own personal & professional path, we're fortunate that there are a number of avenues that we can take. Online learning has changed the outlook of our industry toward earning both undergraduate and graduate degrees ... credentialing bodies have emerged and gained respect as standard-setting (and bar-raising) entities ... organizations have actively sought opportunities to grow their own memberships' options.

As such, NEMSMA - along with its American College of Paramedic Executives (ACPE) affiliation - has equally entered into the market as a strong supporter ... enhancer ... of professional development.

Credentials aren't designed to take the place of degrees ... they're designed to enhance them.

Many of us already have a degree in something or the other. My AAS is in Fire Protection, BS is in Fire Science, and Undergraduate Certificate is in Human Resource Management. So, does this mean that I'm not qualified to "run" an EMS organization? How about your BA in Organizational Leadership ... BS in Biology ... MBA in Healthcare Management?

No. It doesn't mean that at all. Heck, it likely means that you (and I) simply earned our degrees before EMS or paramedicine-specific degrees even existed! Or, we have a "different" big picture in mind.

Even looking forward, many leaders within our industry choose to seek administrative degrees beyond our industry's title for a number of reasons. Having something to rely back on - some form of "qualifier" that links your knowledge, skills, and abilities back to our industry (directly) - is where credentials come into place.

For those of us seeking to grow ... take that next step ... credentials also offer a consistent baseline sense of knowledge & experience that an actual title would similarly offer. For those that already have a particular title ... credentials validate your knowledge &

experience across a consistent platform of other colleagues (candidates) within the industry.

One agency may call you a crew leader, another a lieutenant, and another a project specialist. From a credentialing standpoint, all of these functions have a similar description ... they're Supervising Paramedic Officers.

This is what I, personally, value within the ACPE's credentialing process, titles, values, and vision. They've developed & outlined a consistent pathway toward recognizing the many different roles, titles, and responsibilities that are placed upon the field and office members within our industry. They've enhanced everyone's current knowledge base and experience level by offering a universallyrecognized title ... one that holds the same weight in North Carolina, Wisconsin, Oregon, Nevada, New Hampshire, and Missouri (or even Ontario, New Brunswick, Puerto Rico, or Norway) alike.

Regardless of your current title or role, you - as an individual - are able to "show" your knowledge and experience by owning a consistent, validated, and verified title ... no matter where your career takes you.

You are able to enhance your current degree(s), promote yourself as verified leader, and stand with an esteemed group of colleagues that support a common cause.

Becoming a Supervising Paramedic Officer (SPO), Managing Paramedic Officer (MPO), or Fellow of the American College of Paramedic Executives (FACPE) is showing that you've put in the extra work ... work that your degree may not title you with ... work that your job title may not fully explain ... work that your experience doesn't always outline. You've enhanced your professional background and you're showing others that you are a verified professional within your industry.

Whether you're doing it to advance your career, add some letters behind your name, validate your current role, take the next big step within your organization, or to simply prepare for the future, becoming credentialed as an industry leader shows that you're invested in yourself ... our industry. *NEMSMA



Field Training and **Evaluation Program**

EMS-FTEP WHAT'S DIFFERENT, **AND WHY YOUR AGENCY** SHOULD CONSIDER IT

SKIP KIRKWOOD

MS, JD, NRP (Ret.), FACPE



Every day brings a new article about the "national paramedic (1) shortage." While this is a complex discussion, I boil it down to a couple of simple issues that can be expressed in a single sentence.

Paramedics are not willing to work for poverty-level wages in agencies that treat them like numbers, rather than valuable members of the team.

If we could bring all the people holding paramedic licenses out of the clinics, hospitals, schools, and other places they are working - and back to pre-hospital emergency care - there wouldn't be much of a shortage!

So, how do we get past "treating them like numbers?" One of the ways is through a good on-boarding process. Your new employees are probably already aware that they are not ready to "hit the streets" the

day that you hire them. Many have much to learn, as basic-level curricula (for the most part) doesn't prepare them to drive ambulances, handle complete calls independently, and to do their jobs "the way that we do things around here."

Every agency is different ... and your new employees will be using equipment that they've never seen before. They may never have driven an ambulance ... they may not know where your hospitals are located ... or what is expected of them when they get there.

Once upon a time, an EMS FTEP team developed a motto: "turning paramedics into [AGENCY NAME] paramedics." At the time, this was accurate. New paramedics were hired with all the knowledge and skills of a paramedic. Later, this changed. It became necessary to re-teach, to a higher level, things that we thought should be learned in paramedic school - ECG interpretation, pharmacology, patient assessment, emergency vehicle operations, lifting & moving patients using modern stretchers. This two-week orientation, over the years, evolved to a 14-week "academy" where much of paramedic school was retaught. Then, it was off to the field.

Every agency has some sort of field orientation process. The worst of these are "ride with an experienced medic for a few shifts, then you are on your own."

Better yet, maybe a new paramedic gets a week as a "third person" observing an actual crew in action.

But, how does the agency know that the new employee has seen - never mind mastered- all of what is necessary to perform? And, how does the "preceptor" (and some even call these people "FTO") know what to show the new employee ... let alone know when the new employee is ready to function independently? Many agencies - in their haste to put "meat in the seat" - don't much care and rush their new employees into positions for which they are not prepared.

Some of them will fail as a result.

Typical FTO programs end at a prescribed time, or when the FTO (who may not have any training for that responsibility) says that the new employee "is ready." Both of these are pretty arbitrary. And "is ready" is a pretty imprecise measurement.

Inspiring Leaders Serving Their Communities If a field training program - or any other system - is used to determine whether a person gets to keep their job, the Equal Employment Opportunity Commission – a federal agency – says that the program is a "test." Accordingly, it must meet legal standards of "validity" and "reliability." (2) If it does not, the agency may find itself liable for wrongful termination.

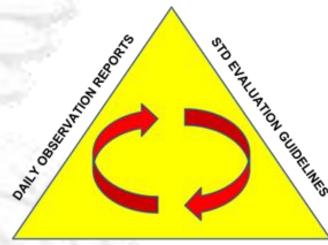
Validity implies the extent to which the test measures what it is intended to measure. Reliability refers to the degree to which the test produces consistent results, when repeated measurements are made (those who pass the program go on to be successful paramedics in the agency, while those that fail would not).

So, how do we get to a valid and reliable program? These are the **three principal elements of EMS-FTEP**:

First, we develop procedures and tools to assure that every candidate is instructed and evaluated in the same procedures, in a logical progression, to the level of mastery that the agency requires. In EMS-FTEP, the tool is called the "Phase Guide" or "Phased Training Manual," and is customized to the policies.

Second, we develop a set of measuring standards that are used by all FTOs for all candidates. The agency develops, using a standardized 7-point scale, a set of objective statements for measuring candidate behaviors (interestingly, the biggest challenge in the program is getting FTOs to use the objective grading scale, rather than their own opinions, for evaluating candidates). These are called "Standardized Evaluation Guidelines."

Third, the agency develops a documentation procedure using either paper, a homemade program, or commercially available FTEP documentation software. Candidate performance is documented, and feedback is provided, before the FTO and candidate go home at the end of the shift.



PHASE GUIDE - ROOKIE BOOK

Additional program components include:

- * FTOs that are trained in the proper application of program elements.
- * Supervisor involvement, again by supervisors trained in the program. Supervisors evaluate candidates at fixed intervals throughout the program (often every 2 weeks).
- * Evaluation by multiple FTOs (usually 3 during the course of the program).
- * Communication (and documentation of it) between FTOs at the end of each training phase (when the candidate moves to a new FTO).
- * Periodic clinical evaluations, using highfidelity simulators where possible.
- * A final operational evaluation, usually conducted by senior paramedics and supervisors.
- * A final clinical evaluation, usually conducted by the medical director and clinical training staff.

When the program is complete, there is a package of program documentation that will support the agency's decision to retain or release the employee. This package has proven useful in addressing concerns of human resources departments and other outside regulatory authorities.

There is no research directly on point evaluating the value of FTEP in EMS – simply because nobody has ever done the study. However, there is abundant research in the law enforcement community (where many

states require the program for law enforcement officer certification), as well as in the nursing community (where the implementation of "residency" programs, rapid response teams, and other supportive procedures and programs have substantially reduced new employee turnover). And, EMS agencies with long experience in the program swear by it.

EMS-FTEP is one of the key educational program offerings of the National EMS Management Association (NEMSMA). For more information, or to get started considering EMS-FTEP for your agency, a quick Google search will yield quite a bit of information. After that, feel free to contact me (I'm the national program chair for NEMSMA) at skirkwood@nemsma.org.

Be safe out there! *NEMSMA

SKIP KIRKWOOD, MS, JD, NRP (Ret.), FACPE, is the national program chair for the Field Training and Evaluation Program for NEMSMA, and can be reached at skirkwood@nemsma.org.

- (1) The author has adopted the international naming convention for EMS personnel, wherein all credentialed prehospital care providers are referred to collectively as "paramedics."
- (2) 29 CFR Part 1607 Uniform Guidelines on Employee Selection Procedures (1978) (§§ 1607.1 1607.13).





>innovation>

the power or act of seeing into a situation

Advocate - or advocacy - is the theme for this quarter of the EMSDIRECTOR ... so why not incorporate it into the discussion within EMS3i!?

Looking at **insight**, in a sense, is like looking at one's **past** in order to gleam light into the future (or even one's present).

Historical trends of accountability, structure, and organization have been cornerstone components of the fire service ... and they've been creeping their way into EMS-based EMS agencies over the years as well. This has

improved daily operations, provided for avenues of professional growth, and incorporated a sense of pride & owners way!). It will continue to the professional growth and incorporated a sense of pride & owners way!). It will continue to the professional growth and incorporated a sense of pride & owners way!).

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the introduction of something new

What do we see on the horizon for tomorrow ... the **future**?

How has **innovation** changed our industry thus far, and how will it potentially impact it as we progress forward?

What's unique about the present is that it was once the **future**. Who would have thought that we would be marching in the streets and protesting the use of backboards, **advocating** for a "stay & play" mentality during cardiac arrest resuscitation, or even making the push to limit our use of epinephrine?

All of this (and certainly so much more) has gotten us to

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<integration>

the process of incorporation as equals

What has changed our industry for the "today" ... the **present**? What have we done to promote the **integration** of our industry into the fields of public safety, emergency preparedness, public health, and healthcare in general?

How has the **present** played into our MISSION? (Which will be the theme of the 2019Q4 issue)

2019 is surely shaping-up to be an exciting year in our industry's history. Cost reporting, degrees, titles, reimbursements, transport considerations ... fun stuff, right!?

Let's make the most of the wesent be it today physically, hry ...

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The EMS3i initiative is designed to inspire, inform, and involve EMS professionals by focusing on >insight<, >innovation>. and <integration> of various concepts, practices, and trends within the EMS industry.

Its short articles provide to the EMSDIRECTOR publication an opportunity to spark interest and investment within the EMS industry & community at both the provider & administrative levels ... both as professionals.



a paradigm shift toward inspiring, informing, and involving EMS professionals



VIOLENCE IN HEALTHCARE

... IS IT REALLY AN ISSUE?

If so, what should a training program focus on?

Are assaults on healthcare workers on the rise? Or, is there just more attention being placed on the topic?

No matter what EMS/healthcare trade magazine or website you go to, you will find reports of assaults nearly every single day. Now, you won't find these assaults on the mainstream news networks, as these events are not considered as "news;" but rather "just part of healthcare workers' jobs."

According to a 2013 study by the Bureau of Labor Statistics, there were more than 23,000 serious injuries due to assault at work, with more than 70% of those assaults taking place in the healthcare or social service settings. The study goes on to say that an assault on a healthcare worker is the most common source of non-fatal injury or illness requiring days off from work. (1) But we truly don't need a "study" to tell us that we are being assaulted at an alarming rate ... just do a Facebook search and there are eight that appear in the last week and a half alone (at the time of writing this article). Now, remind you these are only the ones that have made national news and/or were even reported!

So, what can we do about this alarming rate of assaults to healthcare workers?

We can first start by acknowledging that we, as healthcare providers, have lost neutrality. We are now seen as working in the same light as the TV show "Cops."

"How did this happen," you ask? Well, we started dressing like "Cops" ... we started

acting like "Cops" ... we wear ballistic vests like "Cops" ... and in some places, we even carry good to be a some places.

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Media, and Courts.

JASON BROOKS

BAS, EMT-P, I/C

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Professional Development for EMS

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that are reasonable for the amount of force that is being applied against you to escape. Now, we have all heard the sayings "hit them over the head with an O₂ bottle," "give them the big green pill," etc. But, is deadly force really the reasonable answer all the time? The answer is NO!

MEDIA

"Media" (which we break down into social media & mainstream media) is understanding that everything that we do is always being filmed. So, how we act, the words that we use ... all have either a positive or negative impact on what others feel that we did (or didn't do) right. Our goal should be to always look and sound like we are defensive - since at no time did we want to get into this altercation.

COURTS

"Courts" is broken up into two different parts: the court of public opinion and the court of law. Now, the court of public opinion is what your bosses, peers, and the general public all think about your actions. The court of law is the actual criminal or civil courts.

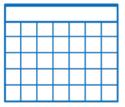
One of the things that you must remember is that the court of public opinion has great influence on the court of law - since juries are made up of your peers. So, one of the things that we need to consider is making sure that we are reporting assaults to both law enforcement as well as to our supervisors. This not only brings awareness to the totality of events that are occurring, but it also helps to end the cycle of violence through criminal prosecution. There is a reason why nearly every state has made it a felony to assault healthcare professionals.

In conclusion, the only way to "win" in the case of an assault is by winning in all four areas as described above. If you win in the "street," but not in the "media" – because you look like you were beating a "patient" up – you have now also lost in the "court" or public opinion, as well as possibly the court of law.

By training in a program that focuses on more than just a few physical skills, you will hopefully avoid ever being involved in the assault to begin with! But, if a physical altercation does incur, you will hopefully understand what is considered "reasonable"







EMS CONFERENCE CALENDAR

abc360

Page, Wolfberg & Wirth, LLC

October 19-23, 2019 Hershey, PA

March 23-26, 2020 Las Vegas, NV

April 5-9, 2020 St. Louis, MO

June 7-11, 2020 Clearwater Beach, FL

www.abc360conference.com

Vital Signs 2019 EMS Conference

October 24-27, 2019 Buffalo, NY

www.vitalsignsconference.com

AHEPP Annual 2019 Conference

Association of Healthcare Emergency Preparedness Professionals

November 5-7, 2019 Scottsdale, AZ

www.ahepp.org

Initial Assessment EMS Conference

May 13-17, 2020 Lake Placid, NY

www.initialassessmentconference.com

There's plenty of room available to add your EMS conference!

If you're a conference coordinator, email us your conference details to get your event added to our list ... for FREE!

Include: event name, sponsor, date(s), location, website

Submissions must be made by an authorized representative of the event in order to be added.

in sight @emergency medical solutions llc.com

You can also add your information on our LinkedIn group page:

EMS Conference Calendar



THE BENEFITS OF IMPLEMENTING A COLLEGE DEGREE REQUIREMENT FOR PARAMEDICS

The field of paramedicine is rapidly evolving. This means paramedics must gain a distinct set of skills to serve patients and stay up-to-date on the latest technologies. (1)

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Paramedic and delivering com care. Yet, paral complex than e required to: (3,4)

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- Engage in a c healthcare syst technology

Put simply, cur
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It's worth noting 60% of accredig the United State bachelor's degree 1

paramedics in Kansas and Oregon must earn at least an associate's degree to be licensed in their state. ^(7,8)

A degree requirement would increase employees access to qualified parameters

parametric editionation programs, a degree requirement would not compromise departments' obtains to recruit or train staffing to recruit or train staffing to recruit on train staffing to the same of the same of

registered nurses, and nuclear medicine technologists require a post-secondary degree to achieve optimal performance andicate enjoy economic empowerment. (12)

Meanwhile, the vast majority of parametric entering the control of the

in Canada, Australia, and the United Kingdom are college graduates: ⁽¹³⁾ So a should U.S. paramedics be held to a diffusional?

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CHARLES McLEOD

BS NRP CP FACPE

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FEATURED DISCUSSION

WHY THE DEGREE DEBATE SHOULDN'T BE A DEBATE ANYMORE

JOSHUA A. WORTH, Sr.

EMT-P. CADS

As an EMS mana started in the field remember when § so important.

I remember looki and leaders in the "worked their wa degree ... at least did I.

Besides, what wo anyway? (Studen

As I grew in the p getting in the wee education, I realize training and contithrough is painful

My wake-up call new medic for co call for me to see isn't enough to pr medical experience medicine. I often ookie medics complaining about their low health vages and poor benefits, the mahility to their certifications between takes, and the vast differences in the scopes

At this point in the American healthcare to alscape, all allied health professions require some level of degree—either an associate's or a backdor's degree. The allied health professions that do not require a

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P, CADS, is the d teaches EMS leny County. He is lolds multiple ently pursuing his lobia Southern

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Juumai oi Law and Economics. 2010,57(2).201-27 in



PARAMEDICS NEED DEGREES, AND PUBLIC SAFETY NEEDS A VOCATIONAL ENTRY POINT FOR ALS PROVIDERS

MICHAEL J. WARD

BS. MGA. MIFireE, FACPE

The 1966 Natic report "Accided Neglected Dise painted a bleak ambulance servations." (2) Mosemergency care improvements

of EMS caregiver 80% of the 16, worked for prival Controlling for education, race EMS caregiver public-sector cosalary for EMT \$16.59/hour.

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Enjoy the discussion?

Next issue's FEATURED DISCUSSION will focus on the "paramedic" debate ...

Should everyone be called a "paramedic?"

Follow **Tim Nowak**, Editor-in-Chief, on **LinkedIn** to get the details and join the discussion!

Email your article to:
emsdirector@emergencymedicalsolutionsllc.com

MICHAEL J. WARD, BS, MGA, MIFireE, FACPE, is adjunct faculty with Emergency Health Services at University of Maryland Baltimore County. Ward retired as a firefighter/medic from a Washington, DC, urban county. He was a director of an EMS degree program for a university medical center and ran two hospital-based paramedic services under a management contract. You can contact him at mward@@umbc.edu.

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DO PARAMEDICS NEED DEGREES? YES, BUT WHAT KIND?

Within the industry, there is a vigorous debate about whether there should be a degree requirement for paramedics in the United States. There are respected members of the profession on both sides of this debate

For the record, I do support an AS degree requirement for entry-level paramedics. If we look at other professions that have move to a degree requirement the tangible beausuch as improvement and identify the support of the support o

Minnesota was nation to requir for law enforce enforcement from job to a more enfower incidence a panacea by an educated law enton academy-1 for the officers

We can see the paramedics. A will ultimately and benefits – p EMS leaders at needs to payors that step from a profession (we, put together as

What degree(s)

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future, and will meet or exceed the technical education needed to enter into the profession as a paramedic in our current state. By the way, it also means programs could maintain a "certificate" course for those who want to become paramedics, and already have a Bachelor's degree (they may only require a

What happens after that is where, perhaps, it differ from many of my colleagues. In our current state. I see hitle benefit in anyyourimpens of BS/BA programs in manyers. Consider the consideration of BS/BA programs in

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It sen't

tempered become the program for entrylevel parametrics is wise.

The market wan't support such a move at
this time. It is an increased coar that would
account of floor issues that correctly exist

to see more!

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ROBERT BALL

MRA NIPP

Again, there are plenty of places one can learn finance. We don't need to try and

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either. It's money.

A DEGREE OF CONCERN



HENRY M PIKE

Daramodic (Rot)

First and foremost, I'm glad that this "debate" is finally here, finally getting the spotlight, and finally being seriously considered!

I've spent my composition of the professional de education, and OUR industry finally taking s

While I'm not industry (EMS else you want to for another time certain degree out ... the implements for the second second

I will say, I ten the side of opp moment ... sim

The fact of the EMS - is still a Republic of the EMS - is still a

Yes, requiring are a few neces need to fix, firs structure. We r first.

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After that, we can tal commensurate about reimburs

Should we be required to have depress?
Heck, yes!

We should hav structure decad and retention v

We should have had this established into our structure decades ago ... before we realized that pennies on the dollar for reimbursement wasn't a sustainable funding model (which is Economics 101)!

I "blame" the "past" for screwing this up ... for putting us in this predicament! It's not the (present) Millennial's fault — it's ours

particularly, those that have not done anything to strive to leave one industry better than how we found it!

"blame." Notice that I mentioned "particularly, those that have not done anything to strive to leave our industry beaution than how we found at?"

If you're reading this article, this respective, the later you the later you have the later you have the later you have to a later you have to a later you have you h

sorts of problems. Well, it's about time the "we" take some own-rality for our own faults, too ... even if they are blanket,

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influence, and bigger exhiceus.

Have we improved a made strides? Yes, we on a better path? Yes.

Hut, we still haven't laid our cornersione yes.

Also if the only universal term, symbol, or ideality that we currently have in the star of the ... no one's accessed that up (yet)!

Hut, now's not the time to have this assument. We have about 5 years of others

other issues, items, and jump over these forgotten hurdles, then this "debate" will hardly be an argument ... it will just make sense!

Here's where my "degree of concern" comes into play. It's not concern over whether or not we need degrees—it's over the timing ... in (now) won't exter - for the

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HERRY M. PIKE Product (R.C.), is a retired surance specialist who surance specialist who rural, and hospital enjoys freelance p-and-coming EMS advancement of the

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DEGREES FOR NEW PARAMEDICS SHOULDN'T BE THE NEW STANDARD

DAN GREENHAUS

BSc. NRFMT

There is a huge push among certain groups within EMS to candidates com they can sit for question that I "why?"

Does the expen outweigh the backers of the shortage and the contract of the co

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In 2016, the av \$37,172 in stu \$20,000 increa Reserve estimated Joan payment inc The National Association of EMS Educator

that it is in the NATMSE's best interests to ask to control of the college system. Longer programs translate into more work for anotherors, and colleges support it because they charge mooning to degree programs than they do cartification.

lasses.

Students are paying more for the course, among will be paying out of pocket for themse taking out student loans. Will they make

wall be paying out-of-pocket for them, we taking out student focus. Will they make now money with a degree? How many RAIS degree in section of the many manual time at AAS degree in section of the manual time.

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WHAT SHOULD THE DEGREI

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aren't wrong; the belief that more education leads to better paramedics is an unproven claim, has zero factual evidence behind it, and there has been no research on this topic.

WHERE WE SHOULD SEE DEGREES IN EMS

I don't think a degree is needed to obtain an entry level pos not without the that EVERY padegree in order paramedic.

I would, hower paramedics ned paramedics ned EMS-related derenewal of thei result in them parameters and the parameters are also and continuing

If they want to paramedics, the education and the NAEMSE paramedics and the NAEMSE parametric and the national education apply it to the parametric and the parametri

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So, where is the shows that a degreed paramedic is "better" than a non-degreed paramedic? Are the

graduation rates and passing rates on the NRP exams much higher for degreed candidates? Are the non-degreed providers failing to meet the standard that is currently set for them? If the current education format isn't sufficient, then our standard for certification should validate that claim and provide definitive proof that the education is

So, with all of our current requirements not requiring a degree for existing parametries, what part of the earry-level job has mandated and that it now require a college education?

I do think that the minimum education level all 1146 field supervisors should be

business administration or public administration). And, an EMS degree about the required for any parametic position that involves anything more than being a field

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by concerned to the same of th

DAN GREENHAUS, BSc, NREMT, is a veteran of public safety for over 20 years. Dan has worked as an EMS professional, a firefighter, a 911 dispatcher, and holds instructor certifications in all three disciplines. Prior to relocating to NC, he worked for several years in the New Brunswick and Newark (NJ) EMS systems. He is currently a Firefighter/EMT with the Wake New Hope Fire Department, as well as the department's Public Information Officer, and works as an Instructor within the teaching EMT initial lepartments. Dan is the ices Educators. Dan is the ices Educators. Dan is the ices Educators. Dan is the ices Educators within the Management and is currently completing in the University of

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Exciting Updates, Progress

TIM NOWAK

AAS, BS, NRP, CCEMTP, SPO, MPO, CADS

Editor-in-Chief

I've become more and more proud of this magazine with each issue!

What started as a mechanism to build the discussion of promoting **Professional Development for EMS** - particularly with a small, local client base - has grown into a multi-state (even multi-nation) magazine that has a growing subscriber base ... largely in part to a new partnership with the National EMS Management Association.

20 pages turned into 24, then 32, followed by 40, and now 60 pages (with a projected increase to 80 in the near future!).

When some publication and media avenues have abandoned print and have been consumed by digital options, I've fought (up-hill, both ways!) to keep print alive! By no means is this magazine at the stature or reputation of JEMS or EMS World (yet!) ... but its growing ... filling a niche that has not otherwise received the representation that it deserves throughout the entire industry (but I have hope!).

This magazine, as you've read, is not here to focus on clinical aspects of EMS - paramedicine. Rather, it's here to focus on professional development for current, growing, and aspiring leaders within our industry.

I'll be honest ... I read every article in this magazine not just because I have to edit each and every one of them (spending > 100 hours on each issue) ... but because I want to take-in the knowledge, advice, insights, perspectives, and successes of others. I, too, want to learn ... grow professionally.

At the very least, that's what I want you to get out of this magazine ... to see it as a true **advocate** for you.

Along with that, here's my ask - my request - please share.

Share this magazine with your colleagues, subordinates, crew members, partners, teammates, staff, and students. Share your experiences, research, advice, insights, perspectives, and thoughts. Write an article, post on my LinkedIn feeds, and subscribe your agency.

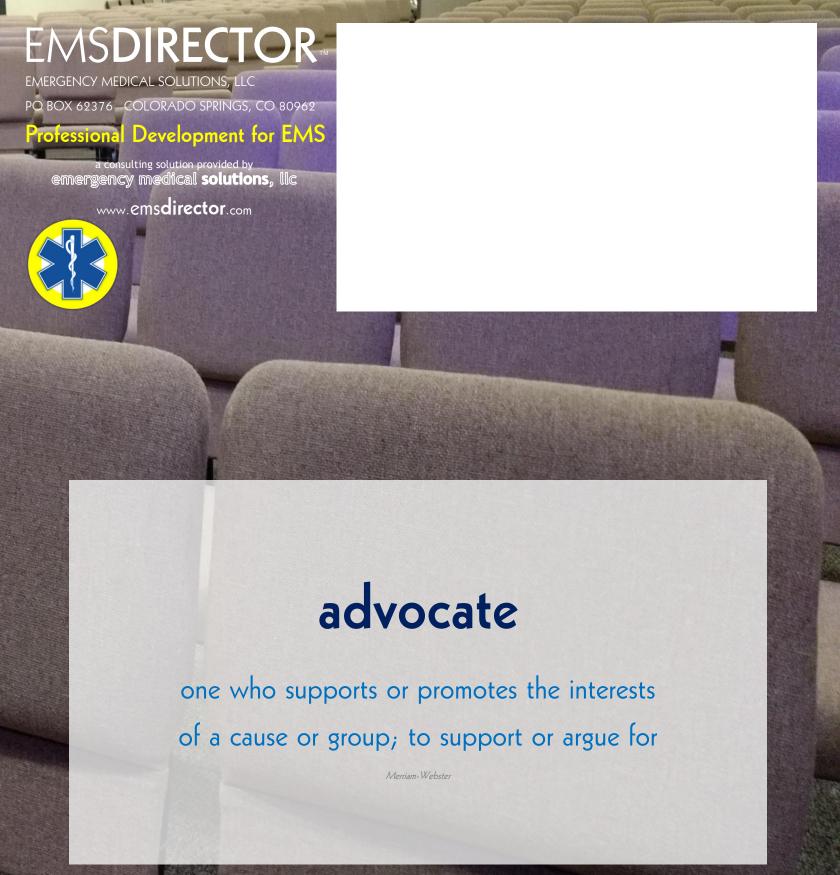
Ambition has been my driving factor behind producing this magazine thus far ... and it will certainly continue to be a driving factor in the future (I've got a lot of it!). Your support, moreover, will help to build this magazine even stronger, make it more robust, and will develop it into an industry leader ... an industry standard ... for all EMS directors, chiefs, training officers, quality assurance specialists, medical directors, administrators, and leaders to subscribe to and read - from cover-to-cover.

There's my transparency ... my goal ... my ambition. It's quite lofty, I know! But, as our industry rapidly changes (2019 is quite an exciting year!), I want to make sure that you're able to get solid, progressive, inciteful information directly into your hands (yes, this magazine intends to stay in paper!).

Just as the **EMS3i** section of this magazine promotes ... I want insight, innovation, and integration to be at the forefront of this magazine (and our industry). In order to do that, I ask for your support.

I welcome you to the challenge, progress, growth, and development that is the EMSDIRECTOR.





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